



**QUEENSLAND GIRLS**  
Secondary Schools  
Sports Association

# WORKBOOK

## Volleyball

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*Established 1908 – Performance, Participation, Tradition & Innovation*

## VOLLEYBALL

### 1 ELIGIBILITY

- 1.1 Competition will be conducted in Open, Senior, Year 10, Year 9, Year 8 and Year 7 grades. These grades will be divided into further divisions to suit the nominations from member schools.
- 1.2 The maximum number on a team list will be 12 players.
- 1.3 For a team to be able to play the game, the minimum number of players to take and remain on the court will be five. There will be a loss of point on the serve for the missing player. The team will forfeit if there are less than five players.

### 2 FIXTURES

- 2.1 A rally point system will be played.

#### 2.1.1 Open Grade.

Each match will consist of the best of five sets. The first four sets will be played to 25 points with a two point advantage to win the set. The fifth set will be played to 15 points with a two point advantage needed to win the set. There is no cap.

The deciding set (5th) is played as a tie break whereby -

- (i) the winner of the toss has the choice of service or end; and
- (ii) the teams change ends when a team reaches eight points.

#### 2.1.2 Senior, Year 10, 9, 8 & 7 Grades.

Each match shall consist of three sets. The first two sets will be played to 25 points with a two point advantage to win the set. The third set will be played to 15 points with a two point advantage needed to win the set. There is no cap.

The third set is played to 15 points whereby -

- (i) the winner of the toss has the choice of service or end; and
- (II) the teams change ends when a team reaches eight points.

- 2.2 **Year 7:** Servers will be permitted to serve from up to one metre inside the baseline, to be clearly marked by the home school.
- 2.2 Excluding the Open Division, where a game has exceeded one hour 15 minutes, the next scheduled game must start within ten minutes of its completion.
- 2.3 If a game is abandoned, the score will be based on the completed sets (any completed games to have 13 or more points with a two point advantage). For Open, this will be a minimum of two completed sets.

### 3 REFEREES

Refer Team Sports 11.

- 3.1 Schools are to provide a stand for the referee.

- 3.2 Each school must supply one (1) linesperson for each match.
- 3.3 Games are not to commence until all court officials are in place.
- 3.4 **Please note:** Umpires for Years 10, 9, 8 and 7 grade matches may be students from the Open and Senior grades conversant with the current volleyball rules.

4 All players must be numbered on the front and back.

## 5 NET HEIGHTS

<b>Open and Senior</b>	2.24 metres
<b>Year 10</b>	2.15 metres
<b>Year 9</b>	<del>2.10 metres</del> 2.15 metres
<b>Year 8</b>	2.10 metres
<b>Year 7</b>	2.10 metres

## 6 SUBSTITUTIONS

- 6.1 Schools have the option of adopting a Libero player in all grades and this is to be used in conjunction with the twelve (12) substitution rule.
- 6.1.1 Teams are permitted to have up to two Libero players, with teams able to declare a new libero at the beginning of each set. A change in Libero is only made once a set is complete.
- 6.1.2 The Libero must be clearly identifiable by wearing a different uniform to the rest of the team and indicated there are a Libero player by marking an \* next to their name/s on the score sheet.
- 6.2 Twelve substitutions are permitted per set.
- 6.3 Any player entering the set can only re-enter the set in the same position in the service order.
- 6.4 Substitutions are not paired. More than two players can be used in the same position in the line-up.
- 6.5 A player is allowed to be on the court three different times in a set, where starting counts as an entry.

## 7 EQUIPMENT

The home team is responsible for providing all necessary balls for the warm up and game play **at a home or external venue.**

Minimum match ball standard – V300 ball or a ball of equivalent standard.

## 8 WARM UP

8.1 Umpires will control the warm up. A total of 10 minutes is permitted for warm up on the match court, as set out below:

### 8.2 Warm Up Protocol

Warm Up	2 Minutes
Coin Toss	
Spiking from 4	3 Minutes
Spiking from 2	3 Minutes
Serving	1 Minute
Coach	1 Minute

At the conclusion of the 10-minute warm up period, teams will be asked to take the court in preparation for play.